



## What Forges Familial Ties to Their Alma Mater?

As a tribute to Family Day, we spoke to three families whose many members have attended UCalgary for several generations. Why us?

[Discover More](#)

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## *Alumni Exclusives*



### Composing New Heroes with UCalgary Alumna

Enjoy the world premiere of Kelly-Marie Murphy's inspirational new work, performed by the CPO, in an upcoming concert and special event.

[Alumni Can Save 20% →](#)

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## The Story of Your Plate

Discover the secret sauce — make that many sauces — in an upcoming gourmet event at Calgary’s Cookbook Co. Cooks.

[What's Behind the Menu? →](#)

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## TEDxCalgary Challenges Participants to Engage Deeply

In the spirit of “ideas worth spreading,” TEDx was created in Calgary 10 years ago. Discover what UCalgary alumni will be delivering and how you can nab a discount.

[Dive Deeply on Mar. 28 →](#)

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## Who Will Help Mom?

According to Calgary’s Aging Population Report, we are “on the edge of a rising tide of seniors” that will impact our communities, challenge the way services are delivered, and alter housing, support services and more.

[Are We Ready? →](#)

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## The SHORT LIST

Ian Minnifee, BA’94, has toiled in the financial services industry for decades but his alter-ego remains a basketball player for the Dinos. In this month’s column, Minnifee reveals upcoming games and championships as well as an extraordinary lecture and a foodie event that will make you swoon.

[Out and About? Join Us →](#)



*Campus News*



## Register Now for Summer Camps

Trying to decide between between design camps, film directors' camps, sports camps, physics camps, vet camps and dozens of others is never a snap — but we're telling you early.

[Book It! →](#)

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## Activist Writers To Speak at UCalgary

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Out to raise the roof at this year's Calgary Distinguished Writers Program will be three powerful activist voices: Leanne Betasamosake Simpson, Gwen Benaway and Lee Maracle.

[Don't Miss Them, Feb. 28 →](#)

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## Science in the Cinema: Vice

Join us on Feb. 19 at the Plaza Theatre for a free screening of *Vice*, followed by a Q&A with cardiology resident, Dr. Safia Chatur.

[Admission is Free \(along with popcorn\) →](#)

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## Say Goodbye to the Same Old and Hello to Something New

Maintaining the same old regime blocks growth, development and perhaps even finding a new passion. Here's a 5-step plan to change . . .

[Be Prepared to Fail →](#)

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## How to Boost Teacher Resiliency

Is it true that 40 per cent of teachers leave the profession within five years of embarking on their careers? A panel of experts will attempt to explain

why.

[Join Us on Feb. 12 →](#)

## HEALTH

### Brain In Motion II Study Needs You

Needed for a Randomized Controlled Trial: 264 people between 50 and 80 who may be at risk of Alzheimer's Disease.

[How Can You Participate? →](#)



[alumni.ucalgary.ca](https://alumni.ucalgary.ca)

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University of Calgary  
2500 University Drive NW  
Calgary, AB T2N 1N4  
CANADA

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