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AlumniNews

A monthly newsletter for UCalgary alumni and friends



Please Don't Take My Collective Effervescence Away — Not Again

Remember those days when you rocked out on a dance floor with a bunch of strangers? Or caught the wave at a hockey game? Turns out that group bliss is contagious and that psychologists call it collective effervescence.

[Why We Ache For It](#)

Alumni Exclusives



There's Always More to Learn

Consider Alumni All-Access your pass to three weeks of mind-growing programs where alumni, friends, faculty, researchers and entrepreneurs gather to ask questions, make connections, learn and be inspired.

[Expand Your World and Register Now!](#)



Creating a Winning Mindset

Mark Tewksbury, LLD'10, and business partner, Debbie Muir, BEd'75, a former Olympic coach, will give you top tips on how to keep sharp in the face of today's adversities: Creating a Winning Mindset in Uncertain Times.

Join Us on Sept. 24



Brewing Up a Career in Beer

Mike Foniok, BSc (Eng)'09, isn't just living the dream — he's working it. Why would the founder of The Establishment Brewing Co. ditch a high-paying job to pursue a passion that began in the Den?

Bottoms Up

Events and Programs



An Intimate Conversation with Joshua Whitehead

On Sept. 21, meet the award-winning author and newly-minted assistant professor as he reveals his personal journey that brought him to UCalgary.

Register NOW!



Dinos Football Home Opener

Join us on Sept. 25 at McMahon Stadium as the Dinos football team raises the curtain on the 2021 season and begins their Vanier Cup title defence! Register for a discounted ticket!

Register NOW!



Countering a Regressive Curriculum

Join a transdisciplinary panel discussion on the Alberta Government's proposed K-6 curriculum and discover how to nurture student success and learning — Oct. 4.

Register NOW!

University News

Braiding Indigenous Knowledge Issues with Western Science

Are Indigenous and Western systems of knowledge categorically antithetical? An upcoming Alumni All-Access session will examine how interlinking social and

ecological systems result in better informed actions.

[Discover More on Sept. 30](#)

Explore How You Can Support Yourself and Community while Adjusting to Return-to-Campus Change

Lessons and advice from psychologist Dr. Keith Dobson, PhD, about mental health and self-care, apply to all of us — now more than ever.

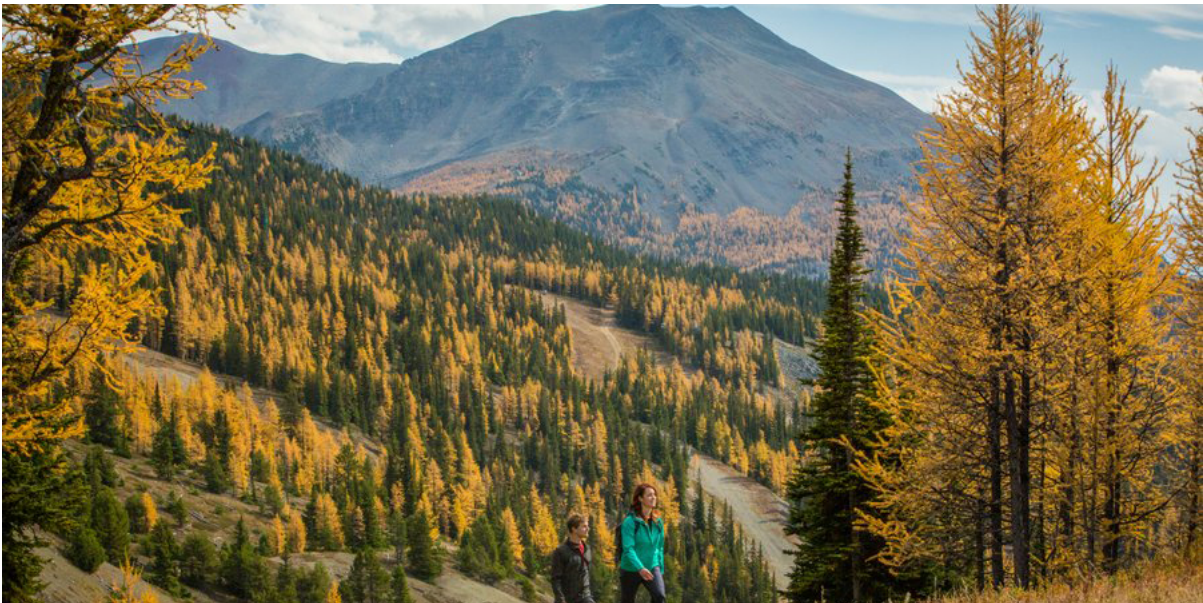
[Learn More](#)

Want to Work with Lions and Tigers and Bears?

We checked in with several alumni who interned or had residencies at zoos this summer and discovered what it takes to land one of these rare and coveted positions.

[Discover How It All Began!](#)

What's Your Top Outdoor Space?



— photo: Paul Zizka, Larch Valley

While the numbers have yet to be tallied, we know that parks, bike paths and hiking trails have been smothered with local love since COVID-19 first struck. What is your favourite place you go to for a walk, to study, listen to a podcast, play with your kids — we want to know all about your ambling ways. In less than 150 words, tell us about your top outdoor space. Why you like it and what amenities it has (a playground, gardens, benches, outdoor theatre, bike paths, bbq pits, river access) and feel free to send us a photo. And for all you leaf-peepers who look for those shifting colours of larch trees . . . we want to hear from you as well.

Email your recommendation to alumni@ucalgary.ca or add a photo and a short blurb to our Instagram page by Sept. 24.

We will publish the top 10 snapshots and recommendations in October's newsletter — hopefully before we lose those larch needles and just in time for Thanksgiving!

Send a snap and your top pick to alumni@ucalgary.ca, include the subject line "fall favourite."

More Events & Programs

Sept. 21 | Collaborating on Climate Action

Sept. 22 | What's the Beef About Beef?

Sept. 22 | Future of Urban Renewal

Sept. 23 | Schulich Connects: Engineering Entrepreneurs

Sept. 23 | Courageous Conversations: Decolonization, Disciplines, and Indigenous Knowledges in the University

Sept. 23-Oct. 3 | UCalgary Alumni + CIFF Ticket Offer

Sept. 24-25 | Calgary Health Humanities Symposium

Sept. 28 | The Day the Loonie Went Extinct

Sept. 29 | Idea Exchange: Engineering Thriving Cities

Sept. 30 | Indigenous Authors Panel: Literature on Intergenerational Trauma

Sept. 30 | Orange Shirt Day: *Monkey Beach* — Film Screening and Discussion

Oct. 1 | Mathison Hall Virtual Tour



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