

AlumniNews

A monthly newsletter for UCalgary alumni and friends

Office of Advancement



Two Local Firefighters Star in LEGO Masters

Twenty years ago, if you had told then-University of Calgary students Stephen Joo and Stephen Cassley that they'd wind up being firefighters, they'd have rolled their eyes and laughed. Back then, Joo was set on becoming a marine biologist and Cassley was heading for an office job in international finance. If, for some bizarre reason, you'd also predicted they'd wind up on a reality TV show where they'd nab second place for remarkable creations made out of tiny moulded-plastic bricks, they'd have tossed you out of the Den.

But — we live in strange times.

Both Joo (also known as Yoyo), BSc'97, and Cassley (who answers to Crash), BA'06, are indeed now Calgary firefighters and were among the most recent stars of *LEGO Masters*, where they came in second after 13 episodes of feel-good camaraderie and outrageous creativity.

How Did They Do It?

Alumni Exclusives



Love is a Many-Splendoured Thing

For close to 20 years, *Modern Love* has brought personal essays about love, loss and redemption to readers of *The New York Times*. But this, *THIS*, dear alumni, is the first time we have brought you a heartfelt roundup from our grads.

[Read More](#)

Love is a Many-Splendoured Thing (Part 2)

You don't have to be a fan of *Modern Love* to enjoy a few random love stories connected to UCalgary. In no particular order, you'll find short personal stories that are tender, quirky, sweet and sad — from our heart to yours on Valentine's Day.

[Read More](#)



Grow Your Career Conference is Back

With 10 sessions, inspirational leadership discussions and opportunities to connect with peers and career experts, this conference offers something for everyone, no matter where you are on your career journey.

[Register NOW!](#)

What's on Deck?



Register for Summer Camp

Do you have children, ages 4 - 17? No matter their interest, you are sure to find something they'll love at a UCalgary summer camp. This summer, let your kids develop new skills while doing something amazing!

Register NOW!



UCalgary's Strategic Direction

Your voice matters! If you're interested in providing feedback on UCalgary's future, we want to hear from you. Complete the community survey to share your thoughts.

Complete the Survey NOW!



Black Alumni Talent: Advancing Excellence and Community

Join us for an exclusive evening of storytelling and networking with a panel of inspiring Black alumni professionals in celebration of Black History Month. Don't miss the Feb. 28th event.

Register NOW!

University News

Calling All Arch Award Nominees

The nomination period for our 38th annual celebration of visionary alumni runs until March 5, and, like previous years, we will salute six remarkable graduates who are, quite simply, exemplars. Discover the extraordinary life advice that previous Arch Award recipients have given us and then discover more about the nomination process.

[Read More](#)

Everything I Know About Democracy, I Learned in Elementary School

With the current bleak outlook on global democracy, it's crucial that our future leaders are capable of critical, empathetic dialogue. Education researchers say that starts when our kids open a book.

[Read More](#)



5 Tips and Tricks to Drinking Less Alcohol

According to the Canadian Centre on Substance Use and Addiction, no amount of alcohol is totally safe to consume. The new advice replaces a starkly different guideline from 2011, which considered 10 alcoholic drinks per week for women and 15 per week for men to be low risk.

[Read More](#)

WANTED Alumni Artists

Searching for Alumni Artists

We know you're out there creating remarkable works of art — so tell us more. We want to discover more about our alumni artists and their community; please take this short survey to help us get started.

[Tell Us MORE!](#)



Listening to Medieval Women Preach

The Middle Ages were, at times, positively progressive. Dr. Carolyn Muessig, Chair of Christian Thought, examines notable women who were respected preachers in the Catholic Church. Feb. 28, 2023, 7 p.m.

[Register NOW!](#)



Celebrated Feminist Philosopher to Speak on Applied Ethics

Fat bodies are often depicted as a moral problem. Kate Manne, author of *Down Girl: The Logic of Misogyny*, debunks the argument that being fat is a moral failing. Mar. 30, 2023, 7 p.m.

[Register NOW!](#)



Discover More at Upcoming Open House

Interested in learning more about the Haskayne Master of Management, MBA or Executive MBA? Here's your chance to get your questions answered at the Haskayne Graduate Programs' Open House on Feb. 25.

[Register Now!](#)

Upcoming Events and Programs

February | Black History Month: Crucial Cultural Timelines, Milestones and Events

Feb. 14 | Heart Healthy Eating: Facts and Fiction

Feb. 16 | Tubular Times for Alumni & Families

Feb. 28 | African Studies Speaker Series Lecture: The Future of Africa

March 1 | Anti-Black Racism: A Look at the Social and Physiological Health Impacts of Social Injustice

March 9 | Cancel Wars: How Universities can Foster Free Speech, Promote Inclusion and Renew Democracy

April 21/22 | Calgary Youth Science Fair is seeking judges and volunteers

Ongoing | Season 2, Episode 3, The Mind-Body Connection (podcast)



TD Insurance



Travel Insurance

Coverage includes
**up to \$5 million for
emergency travel**
medical costs and 24/7
emergency assistance.
Conditions apply.

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