

Alumni Engagement



Wrestling With Mindset: Catching Up With UCalgary Grad Erica Wiebe

Olympic gold medalist **Erica Wiebe (BKin'12, BA'16)** is redefining what it means to be a champion. Her story goes beyond the mat—it's a journey that started with the University of Calgary wrestling team, led to the highest podium in Rio, and has now evolved into a commitment to athlete development, support, and advocacy. In her new role with the Canadian Olympic Committee, Wiebe focuses on mental health and holistic support for athletes, knowing firsthand that true strength is as much mental as it is physical. As a passionate advocate, she inspires athletes to prioritize mental well-being alongside their training, reshaping the concept of success while encouraging them to stay true to themselves. Discover why her most meaningful victories are now happening outside the ring, where she's helping shape the future of Canadian athletes.

[Read Feature](#)

What's on Deck?



Wellness Workshop: Understanding and Managing Anxiety | Nov.27

This Alumni Wellness Workshop will help you to develop a better understanding of anxiousness versus an anxiety disorder. Increase your self-awareness of your reactions to stress and what stress is doing to your body. Learn strategies to manage anxiety in the moment and reduce the impact of stress over the long term.

[Register Now](#)



Alum Night: From Commerce to Chronograph Records | Nov.28

Join us at our next Alum Night to welcome our newest graduates and hear from two business alumni who have made their mark in the Canadian music scene! **Stephanie Hutchinson, BComm'07**, director of programs at the National Music Centre and co-owner of Chronograph Records, and her partner **Kodi Hutchinson, BComm'95**.

[Register Now](#)



Volunteer Opportunity: Skate With Santa 2024 | Dec.8

Help bring some holiday magic to our alumni and their families by volunteering at our annual Skate with Santa event, taking place at the Olympic Oval on the afternoon of Sunday, Dec.8th. Help with fun activities, greet families, and spread some seasonal cheer. [Sign up today](#) through our volunteer platform to be part of this festive tradition!

[Volunteer Now](#)

Alumni Features



Powered by UCalgary: Alumni Lead Avenue's Top 40 Under 40

26 UCalgary alumni, and campus community members were recognized in Avenue Magazine's 2024 Top 40 Under 40. The list honours exceptional leaders from healthcare to technology to the arts and over half of them have connections to the University of Calgary. Alumni Board member **Nina Rehill, BA'16, BA'21**, offers some insights into some of the stories behind their success and their impact on Calgary's vibrant community.

[Read Feature](#)



Fall Convocation Adds Stories to Class of 2024

As Fall Convocation approaches on Nov. 13 and 14, we're excited to welcome yet another class into our UCalgary alumni family! This group of graduates brings with them a host of unique and inspiring stories, each showcasing the determination, resilience, and passion that define the Class of 2024. Be sure to visit the convocation page for the latest stories and to celebrate the newest members of our alumni community!

[Read Feature](#)

Alumni Built Business: CarboMat

Co-founded by **Shabab Saad, MSc'20**, and **Dr. Md Kibria, PhD**, CarboMat is a growing clean tech startup out of UCalgary that transforms oil sands by-product into high-value carbon fibre for multiple applications in composite industries such as aerospace and automotive. Click below to hear directly from these founders!



Sunday, December 8



National Philanthropy Day

Nov.15 is National Philanthropy Day, celebrating the donors, including alumni, who have shaped our university and paved the way for a brighter future. Your contributions enrich student experiences, advance research, and strengthen our community. Thank you!

[Explore Impact Stories](#)

Campus Connect

UCalgary Awards Honorary Degree and Order of the University of Calgary Recipients at Fall 2024 Convocation

Chancellor Jon Cornish and President Ed McCauley are set to award honorary degrees to **Dr. Toyin Falola, Hon. LLD'24**, and **Elder Kerrie Moore, Hon. LLD'24**, while presenting the Order of the University of Calgary to nurse **Barbara Shellian, BN'79, MN'83**, and community leader **Ken Lima-Coelho, BA'94** at Fall Convocation.

[Read More](#)

Six UCalgary Students Honored for Leadership and Academic Brilliance at 2024 Violet King Engaged Scholar Awards

Six UCalgary students were recognized at the 2024 Violet King Engaged Scholar Awards for achievements in community leadership, academic mentorship, and equity advocacy, embodying Violet King's legacy and inspiring future leaders.

[Read More](#)

Challenging Medical Norms: Neurodivergent UCalgary Student Pushes for Inclusivity in Medicine

Kailey Newel, a neurodivergent second-year medical student, is using her experience with chronic illness to advocate for inclusive medical education. She emphasizes that personal challenges can enhance patient care and seeks to equip future doctors to support patients—and themselves.

[Read More](#)

New Indigenous Health Studies Course Co-created and Co-taught with Elder at UCalgary Nursing

The Faculty of Nursing's new Indigenous Health Studies course, co-taught by Dr. Heather Bensler and Elder Evelyn Good Striker, gives first-year students insight into the ongoing impacts of colonial structures on Indigenous health in Canada.

[Read More](#)

The Arthur J.E. Child Cancer Centre: Advancing Research and Care All Under One Roof

The Arthur J.E. Child Comprehensive Cancer Centre propels cancer research in Canada, housing over 120 researchers and expanding research space by 300%. Integrating clinical care and research, this world-class facility positions Calgary as a leader in cancer care, thanks to community support and a commitment to improving patient outcomes locally and globally.

[Read More](#)



IN COLLABORATION WITH
Milkjar

DINO GLOW
HOLIDAY CANDLE CELEBRATION

Support Your Dinos Athletes!
ORDER A MILKJAR CANDLE

SCAN THE QR CODE TO PLACE YOUR ORDER!

#DINOGLOWUP



Upcoming Events and Programs

Oct.30 - Nov.15 | UFlourish
Nov.12 | UFlourish - Thinking Out Loud Together
Nov.13-14 | Fall Convocation
Nov.14-15 | RCAF Centennial Conference
Nov.16 | Field Trip: Calgary Philharmonic Orchestra
Nov.20 | Dino Men's Hockey Fundraising Dinner
Nov.20 | Roc Talk: Safelink Alberta Series
Nov.27 | Cree Grandmothers' Tea Ceremony
Nov.27 | Wellness Workshop: Understanding and Managing Anxiety
Nov.27 | Hunter Hub: TC Energy Speaker Series – "AI, Data Centers & the Future of Energy" w. Danielle Gifford, MBA'20
Nov.28 | Alum Night: From Commerce to Chronograph Records
Dec.8 | Skate with Santa

Stay in Touch

- Update your contact information — [Details](#)
- Share a professional or personal milestone — [Class Notes](#)
- Get UCalgary AlumniNews sent to your Inbox — [Subscribe](#)
- Can't remember when you read that story? — [Find it in Archives](#)
- Send us your comments, feedback and story ideas — [Contact Us](#)
- Subscribe to more UCalgary publications — [Manage](#)